



Morning Glory!

Oh God, thou art my God; Early will I seek thee:
My soul thirsteth for thee

Psalm 63:1

Disturbing the Peace is Not Allowed

“Peace I leave with you, My peace I give unto you...”

John 14:27



Though Jesus is not physically with us, our great Shepherd left us many things we would need to hold on to in order to experience the quality of life He desires for us. One very important spiritual ingredient He left unto us was His peace (John 14:27).

***Peace can be described as
a mental and emotional wellness,
a state of rest and calm,
gained from a deep trust in God's care.***

Never let people or places which are external to you hinder the mental and emotional wellness Jesus has left for you. There are “outer storms” which can draw you away from your place of rest and calm in God, leaving you in a state of inner turmoil. Protect your territory. Guard your mental and emotional wellness. Learn to care for others and be Christ-like without going over the edge yourself. Count it all joy when the world's affairs become turbulent. Be strong enough to remain firm and not be tossed by this changing world Jesus already told you He has overcome. You can be good for no one, and can be of no use to God, if you yourself are distraught with the cares of this world.

***There are chronically turbulent people
who will attempt to draw you into their chaos.
They are trespassers of a sort, disturbers of your peace,
who cast upon you the chaotic lifestyle and atmosphere
which has become the norm for their lives.***

***They do not call upon you to help them through and out of their turbulence.
They really desire someone to stay and remain with them in their turbulence.***

Don't let the chaos outside of you, rob you of the God-given peace inside of you. Guard your spirit and your mind and your heart with the praise due to His name, meditating upon the Word, daily confessing your love and trust toward God.

Pray this:

**Lord of glory, keep my mind and heart well, calm, at rest as I glorify you this day.
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